

Menu

**JR
ZONE**

EARLY STARTERS

(Served all day)

Full English breakfast: 2 each: eggs, bacon, sausages, beans, tomato, toast + tea or coffee	£5.95
Light English breakfast: 1 each: egg, bacon, sausage, toast, and beans	£3.25
Bacon or sausage bap	£3.60
Eggs on 2 toast (scrambled or fried)	£3.25
Beans on toast (V)	£2.95
Add hash browns or mushrooms	90p

SANDWICHES, BAGUETTES

Freshly made on a choice of white or brown bread, with crisps, garnish and homemade coleslaw

	<i>Sandwich</i>	<i>Baguette</i>
Cheese with tomato or pickle	£4.25	£5.95
Egg mayo	£4.25	£5.95
Ham	£4.30	£6.20
Chicken mayo or tuna mayo	£4.75	£6.50
Bacon or sausage	£4.60	£6.50
Brie & cranberry	£4.45	£6.10
Prawn	£5.95	£6.95
For toasted sandwiches, add	90p	
For extra fillings, add	90p	

SIDES

	<i>Medium</i>	<i>Large</i>
Plate of chips (V)	£2.50	£3.00
Plate of cheesy chips (V)	£3.00	£3.50

BURGERS & HOT DOGS

Served with salad garnish, chips & homemade coleslaw.

1/4lb 100% beef burger	£5.75
Chicken burger	£5.75
Hot dog	£5.75
Extra bacon, cheese or egg, add	90p

SALADS

Ploughman's: Cheese (V) or Ham	£5.25
Ham salad	£5.25
Cheese salad (V)	£5.25
Prawn salad	£6.95

JACKET POTATOES

Served with a salad garnish

Cheese (V) or beans (V) or coleslaw (V)	£5.25
Bacon & cheese or tuna mayo	£5.95
Prawn marie rose	£6.95
Extra toppings add	90p
(Ham, pineapple, onion, sausage, mushroom, tomato, brie etc)	

MAIN MEALS

Scampi, chips & peas	£6.95
Ham, egg, chips & peas	£6.25
Vegetarian nuggets (6) with chips (V)	£6.75
Chicken nuggets (6) with chips	£6.75
Tempura prawns, salad & chilli dipping sauce	£6.25
<i>All above served with salad garnish</i>	

Macaroni cheese (V)	£5.95
Lasagne	£5.95
Chilli con carne	£5.95
Bolognese	£5.95

All above served with choice of chips, pasta or salad

CHILDREN'S MEALS

Egg or ham or sausage	£4.50
Hot dog in a finger roll	£4.50
Chicken nuggets (4)	£4.50
Vegetarian nuggets (4) (V)	£4.50
Scampi (5)	£4.50
2oz burger in a bun	£4.50
Jumbo cod fish finger	£4.50

All above served with beans or spaghetti hoops, chips, and a glass of fruit squash

Macaroni cheese	£4.30
Spaghetti bolognese	£4.40

Served with a glass of fruit squash

Kids meals for children aged 12 & under only

CHILDREN'S SANDWICHES

Jam (V), chocolate spread (V), Marmite or cheese spread (V)	£2.95
Ham or tuna	£3.25
Children's Lunch box 1/2 sandwich	£3.60
Children's Lunch box whole sandwich	£3.95

*Lunch boxes include: Cucumber / Carrot Sticks,
Fruit shoot and pack of Raisins*

Platter to share	£5.45
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*Bread Sticks, raisins, cucumber, carrot,
tortilla crisps and humous dip*

Check out our specials board!

We offer a wide choice of daily specials on our black-boards.

www.jrzone.co.uk

JR Zone 55 Manners View, Newport, PO30 5FA • Tel (01983) 559272

Open for play 9am - 6pm, Mon - Sun. Last admission 5pm.

Cafe open for hot food 8am - 5pm, Mon - Fri, 10am - 5pm, Sat - Sun.

JR Zone is a trading style of Vectis Trading Ltd • Registered in England. Co no: 07389226

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CHILDREN'S DESSERTS

Jelly pot with fresh fruit	£1.75
Jelly & ice cream (V)	£2.00
Isle of Wight Ice Cream tub	£2.20

HOME BAKED CAKES

Try a slice of our delicious home baked cakes! Daily selections vary, so check what is freshly made in the cabinet. Range includes:

Coffee & walnut (V), lemon sponge, (V) Victoria sponge (V), coconut (V)	£2.50
Fairy / Rice crispy cake	80p
Freshly baked danish pasteries	£1.65

HOME BAKED MUFFINS

A range of freshly baked muffins (selection changes daily) £2.40

HOME BAKED SUNDRIES

Check the cabinet for today's selection from: Malteser® slice, bakewell tart, bread pudding, fairy cakes, flapjack, millionaire's shortbread, krispie cakes, cookies and other goodies! *Prices as marked*

CHILLED CANS & WATER

Coke, diet coke, lilt, tango, Dr Pepper	£1.30
Bottled water	£1.10

THICK MILK SHAKES

Freshly made

Medium (chocolate, strawberry, banana or vanilla)	£2.00
Large (chocolate, strawberry, banana or vanilla)	£2.50
Whipped cream topping or sprinkles, add	50p
Cool cappuccino - a more sophisticated milk shake!	
Creamy, cool, and... ohh, so refreshing!	£1.70

FRUIT SLUSH DRINKS

99% Fruit Juice

Medium	£2.00
Large	£2.50

FRUIT DRINKS

Ribena orange / apple drink cartons	£1.00
Robinsons Fruit Shoots	£1.00
Oasis	£1.75
4pt jug of orange / blackcurrant squash	£2.70
2pt half jug of orange / blackcurrant squash	£1.70
4pt jug of water	£2.00
2pt half jug of water	£1.00

COFFEE

A fine selection of freshly ground coffees, from the Islands leading specialist coffee supplier



The Island Tea & Coffee Co.

Regular coffee / decaf	£2.20
Espresso	£1.95
Latte	£2.25
Cappuccino	£2.25
Moch	£2.95
Americano	£2.10

TEA

Teas from the Island's leading specialist tea supplier - Carisbrooke blend fine Kenyan tea

Mug	£1.50
pot for one	£2.15
pot for two	£2.40

Earl grey, fruit, herbal or decaffeinated teas

Mug	£1.50
pot for one	£2.20

HOT CHOCOLATE

Mug of super rich hot chocolate	£2.50
Mug of super rich hot chocolate with whipped cream and marshmallows	£3.20

If you want something that is not on the menu PLEASE ASK! Only food & drink purchased on the premises may be consumed on the premises.

Allergy advice and special dietary needs

If you or your child have special dietary needs or suffer from allergies, please ask to see our ingredients and recipes file, or discuss your requirements with our chef.

Items on the menu marked with (V) are suitable for vegetarians. Food items may contain traces of nuts.

Please note meals are cooked to order and may take time during busy periods.

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